



iShare Learning theme

The Lord is my Shepherd

Prayer and Worship focus w/b 29th June 2020

Keep following our current iShare Learning theme with these weekly reflection sheets to read and discuss as family.

THANK GOD

Thank God for quiet moments in life, for a comfortable bed, for the sound of tweeting birds, for a gentle breeze, for snuggling up with a good book.

READ

Do you know the memory Bible verse by now? Can you complete the verse?

“The LORD is my _____”

Psalm 23 vv1-2

Read the story of Jesus Calming the Storm



³⁵ That evening, Jesus said to his disciples, “Let’s cross to the east side.” ³⁶ So they left the crowd, and his disciples started across the lake with him in the boat. Some other boats followed along. ³⁷ Suddenly a windstorm struck the lake. Waves started splashing into the boat, and it was about to sink.

³⁸ Jesus was in the back of the boat with his head on a pillow, and he was asleep. His disciples woke him and said, “Teacher, don’t you care that we’re about to drown?”

³⁹ Jesus got up and ordered the wind and the waves to be quiet. The wind stopped, and everything was calm.

⁴⁰ Jesus asked his disciples, "Why were you afraid? Don't you have any faith?"

⁴¹ Now they were more afraid than ever and said to each other, "Who is this? Even the wind and the waves obey him!"

REFLECT

Why were the disciples afraid? The end of the story says they were 'more afraid' after Jesus had calmed the storm – why?

"The wind stopped and everything was calm". What do you think this moment would have felt like?

What can we learn about faith from this story of Jesus calming the storm?

What do you trust in God for? What could you trust in Him more for?

ASK

Ask God to help you when you are feeling upset or angry and to show what works best for you to feel calm again when you feel this way. Practise sitting silently for two minutes, and ask for God's peace to wrap around you.

SHARE

Talk about a time you know when you or your family have had a 'storm' (a difficult time); reflect on what made things 'calm' again and what you or your family learnt through this time.

WATCH

Here's a link to a short video of this week's Bible story:



<https://safeYouTube.net/w/muQL>