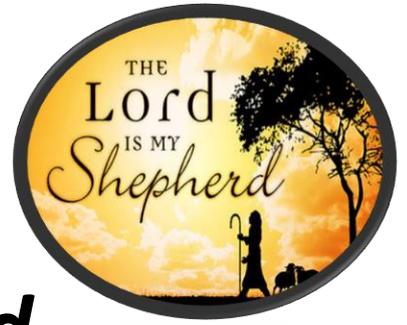


iShare Learning theme



The Lord is my Shepherd

Prayer and Worship focus w/b 8th June 2020

Keep following our current iShare Learning theme with these weekly reflection sheets to read and discuss as family.

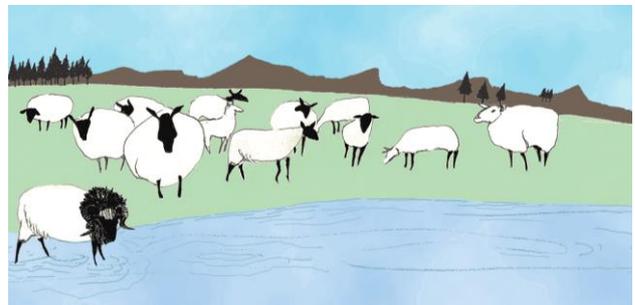
THANK GOD

Thank God for looking after you and your family, thank God for each person you live with and what they mean to you (if you have pets, don't forget to thank God for them too!)

READ

Learn the memory Bible verse.

The LORD is my shepherd, I lack nothing.
He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.



Psalm 23 vv1-2

Read the whole of Psalm 23, which is the most well-known passage of all the Bible:

The LORD is my shepherd, I lack nothing.

² He makes me lie down in green pastures,
he leads me beside quiet waters,

³ he refreshes my soul.

He guides me along the right paths
for his name's sake.

⁴Even though I walk
through the darkest valley,^a
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.

⁵You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
my cup overflows.

⁶Surely your goodness and love will follow me
all the days of my life,
and I will dwell in the house of the LORD
for ever

REFLECT

In this psalm, God is compared to a shepherd. How is God like a shepherd?

Many people love this psalm, as it reminds them of all the ways in which God cares for us. Can you find some examples in the psalm of how God promises to look after us?

The writer of the psalm says, 'I will fear no evil'. What do you think he has in mind when he says this? How does God help him not to fear? Can you ask God to help you with any of your fears?

ASK

Ask God to show you what goodness and love you can show others each day, ask God to show you new ways to relax if you are feeling anxious.

SHARE

Can you give another family member or friend a tip on how to slow down and relax if they are feeling stressed? Maybe share a game or a story book together and enjoy each others' company.

WATCH

Here's a link to a short video of this week's psalm:

<https://safeYouTube.net/w/SkjK>